



Order Form

The first five copies of each item are free. Additional copies are available for purchase at the price indicated.

Resource	Cost	X	Quantity	Total
Membership Application (Available in Spanish)	Free		_____	_____
Resources Brochure (Available in Spanish)	Free		_____	_____
AAKP My Health™ Brochure	Free		_____	_____
AAKP Patient Plan Brochure	Free		_____	_____
aakpRENALIFE (membership benefit)	1.00	x	_____	_____
Kidney Beginnings: The Magazine (membership benefit)	1.00	x	_____	_____
aakpDelicious!	1.00	x	_____	_____
At Home with AAKP	Free		_____	_____
AAKP Patient Plan Phase 1	2.00	x	_____	_____
Understanding Your Hemodialysis Access Options	1.00	x	_____	_____
Understanding Your Hemodialysis Access Options – Spanish	1.00	x	_____	_____
Understanding Your Hemodialysis Options	1.00	x	_____	_____
Understanding Your Peritoneal Dialysis Options	1.00	x	_____	_____
Understanding Your Peritoneal Dialysis Options – Spanish	1.00	x	_____	_____
Understanding Anemia in Kidney Disease	1.00	x	_____	_____
Understanding Depression in Kidney Disease	1.00	x	_____	_____
When Your Love One is Depressed Brochure	1.00	x	_____	_____
Understanding Fabry Disease	1.00	x	_____	_____
AAKP Advisory on Adequate Hemodialysis	.50	x	_____	_____
AAKP Advisory on Adequate Peritoneal Dialysis	.50	x	_____	_____
AAKP Nutrition Counter: A Reference for the Kidney Patient	.35	x	_____	_____
AAKP Nutrition Counter: A Reference for the Kidney Patient – Spanish	.35	x	_____	_____
Kidney Beginnings: A Patient’s Guide to Living with Reduced Kidney Function	2.00	x	_____	_____
AAKP & You: How to Be Your Own Public Policy Advocate	Free		_____	_____

Subtotal = _____

Please subtract 5% Member Discount* = _____

Add 15% for Shipping = _____

TOTAL = _____

AAKP accepts checks, Visa, MasterCard, American Express and Discover. For more information contact AAKP at (800)749-2257 or www.aakp.org.
 For shipping to Alaska, Hawaii and Puerto Rico you will be billed shipping and handling based on the actual costs. **Please allow 3-4 weeks for delivery**

Ship to: _____

Bill to: _____

Street Address: _____

Street Address: _____

City, State: _____ Zip: _____

City, State: _____ Zip: _____

Telephone: _____

Telephone: _____

ALL ORDERS EXCEEDING COMPLIMENTARY LIMIT MUST BE PREPAID

Member ID# _____ Member Name: _____

Credit Card # _____ Expiration Date: _____

3 or 4-digit security code: _____ Signature: _____

*** Discount is only valid for Professional, Physician and Institution Members.**

Please return this form to: American Association of Kidney Patient, 3505 E. Frontage Rd, Ste 315, Tampa, FL 33607 or fax to (813)636-8122

Resources

Membership Application – This brochure details benefits of becoming an AAKP member and includes a Membership Application. **It is available in English and Spanish.**

Resources Brochure – The Resources Brochure describes each AAKP program and service and includes a mail-in form to receive a package of AAKP's educational materials. **It is available in English and Spanish.**

AAKP My Health™ Brochure – This brochure describes the unique section of AAKP's Web site. **AAKP My Health** allows patients to safely store medical information. **AAKP My Health** posters are also available.

aakpRENALIFE – Distributed six times annually, this magazine addresses topics such as medical procedures, real life experiences, pediatric issues and legislative issues. Archive articles are available on a variety of topics including diet, transplant, social issues and family matters. This magazine is a membership benefit.

Kidney Beginnings: The Magazine – AAKP's educational magazine designed for those with reduced kidney function and those at risk for kidney disease. It is distributed five times annually and addresses topics such as how the kidneys function, conditions that lead to kidney disease, and how to care for the kidneys.

aakpDelicious! – This magazine was developed to address the growing need for information and education about renal nutrition, exercise and lifestyle.

At Home with AAKP - a FREE publication developed to address the growing need for more information about home dialysis treatment options.

AAKP Patient Plan® – This four-part educational program provides kidney disease patients with a guide to their care as they progress through their treatments. At the end of each phase, readers fill out a mail-in postcard to receive the next phase in the series. **A Spanish version is downloadable on AAKP's Web site.**

Understanding Your Hemodialysis Access Options – This brochure provides a brief outline of the function, usage and appearance of the various hemodialysis access options including fistulas, grafts, catheters and subcutaneous devices. A brief description of each access option is provided, along with a description of how it allows dialysis to be performed. **It is available in English and Spanish.**

Understanding Your Hemodialysis Options – This brochure offers readers a detailed explanation of the various physical, emotional and social aspects associated with various hemodialysis options including conventional, nocturnal and short daily dialysis. It also includes the benefits and drawbacks for each hemodialysis treatment. **A Spanish version is downloadable on AAKP's Web site.**

Understanding Your Peritoneal Dialysis Options – This brochure describes methods of peritoneal dialysis, as well as the benefits and drawbacks of each type of treatment. This informative booklet includes a 10-question self-assessment quiz for patients to take to their physician to help assess whether they may or may not be good candidates for peritoneal dialysis. **It is available in English and Spanish.**

When Your Loved One is Depressed - Nearly 30 million people in the United States suffer from some form of depression. If left untreated, depression causes people to feel empty, worthless and hopeless about the future. This brochure will help you learn to recognize and understand the impact depression has on you, as well as others you care about.

Understanding Depression in Kidney Disease - Chronic kidney disease impacts every aspect of a person's life and if attention is not given to the emotional well-being of the patients, it is possible depression can develop and complicate living with kidney disease. This brochure teaches you what depression is, how it can affect your life and what can be done to treat it.

Understanding Anemia in Kidney Disease - Anemia is common in people with kidney disease. This brochure helps you understand what anemia means, why it's important and the most effective treatment methods. It also features symptoms of anemia, ideas on how to manage it and a self assessment test to determine if you need to talk to your healthcare provider about anemia.

AAKP & You: How To Be Your Own Public Policy Advocate - AAKP believes the informed patient is the best advocate. AAKP provides fellow kidney patients with the necessary tools and information to be effective advocates. This helpful brochure includes suggestions for contacting your congressional representative and explains the benefits of becoming an advocate.

Understanding Fabry Disease - Fabry disease is a rare hereditary disorder caused by a faulty gene in the body. Approximately, 1 in 40,000 men and 1 in 20,000 women in the United States are affected by Fabry disease. This brochure is designed to help you recognize the symptoms of Fabry disease and its treatment options.

AAKP Advisory on Adequate Hemodialysis – This brochure discusses the importance of enough hemodialysis, how to calculate URR and Kt/V, the importance of proper nutrition, how blood should be drawn, and questions patients should ask their doctor about their adequacy of hemodialysis.

AAKP Advisory on Peritoneal Dialysis – This brochure, similar to the “Hemodialysis Advisory,” discusses the importance of enough peritoneal dialysis, the significance of proper nutrition, how often residual function and peritoneal membrane functions should be measured, benefits of a well-functioning catheter, and questions patients should ask their doctor about their adequacy of peritoneal dialysis.

AAKP Nutrition Counter: A Reference for the Kidney Patient – This pocket-sized brochure includes nutritional values for standard portions of more than 300 commonly used foods, as well as menu items from 11 fast food restaurants. The nutritional values include protein, calorie, sodium, potassium and phosphorus levels – dietary values that must be closely monitored in kidney patients. **It is available in English and Spanish.**

Kidney Beginnings: A Patient’s Guide to Living with Reduced Kidney Function – Designed for those with chronic kidney disease, this book features information on the kidneys and how they work, diabetes, hypertension, various medical tests, emotional issues, common medications and more. It provides patients and family members with answers about the health of their kidneys, diet and overall lifestyle.

Most AAKP resources can also be downloaded at www.aakp.org.

American Association of Kidney Patients • 3505 East Frontage Road, Suite 315 • Tampa, FL 33607

800-749-2257 (Phone) • 813-636-8122 (Fax) • www.aakp.org • info@aaakp.org